

Easy Baked Apple Oatmeal

A creamy baked oatmeal with apples and cinnamon. Serve with milk for breakfast or with whipped cream for dessert!

Yield:

6-8 servings

Ingredients:

2 eggs

1/8 teaspoon salt

2 teaspoons cinnamon

1/2 cup brown sugar*

4 cups milk

2 cups old-fashioned rolled oats

2 large apples (2-3 cups), cored and diced**

Milk or whipped cream, for serving (optional)***

Instructions:

1. In medium-large mixing bowl, lightly beat the eggs. Stir in salt, cinnamon, brown sugar, milk, oats, and apples.

2. Pour mixture into a greased 9×13-inch baking dish. Bake uncovered

at 350 degrees for 40 minutes or until hot, bubbly, and mostly set in

the middle.

Serve warm in bowls with milk on top for a delicious breakfast, or serve warm with whipped cream on top for a yummy healthy dessert!



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This recipe is from Tammy's Recipes.