

Grilled Steak Stir Fry Salad

Thin-sliced

grilled steak and grilled stir-fry veggies, tossed together with

Romaine lettuce, fresh diced tomatoes, and feta cheese for a flavor-rich

and filling salad!

Yield:

4-6 servings (as a main dish)

Ingredients:

8 cups bite-size broccoli florets

1 large red onion

1 1/2 teaspoons salt

1/4 teaspoon ground black pepper

2 teaspoons (about 4 cloves) minced garlic

1/2 cup oil

1 red bell pepper, halved and sliced or chopped

3 cups thinly sliced grilled steak (freshly grilled or leftover)

2 heads of Romaine lettuce, washed and cut into bite-sized pieces (about 12-16 cups)

2 cups diced fresh tomatoes

1/2 cup crumbled feta cheese

Croutons, optional

Ranch salad dressing, optional* Instructions:

1.

Preheat grill (or prepare charcoal grill), including a grill plate/pan/grid for grilling vegetables.* In a large mixing bowl, toss

together the broccoli, onion, salt, pepper, garlic, oil, and red pepper.

2. Spread vegetables on the hot grill pan. Grill on MEDIUM

with lid

closed for about 8 minutes. Leaving vegetables on grill, stir thoroughly

and then sprinkle the steak on top of the veggies. Close lid again and

grill for an additional 8 minutes or until vegetables are crisp-tender

and steak is hot.

3. Remove platter from grill and allow to cool for a few minutes. In a large mixing bowl, toss together the Romaine lettuce and fresh tomatoes. Stir in the still-hot/warm steak and veggie mixture. Gently toss in the feta cheese and croutons (if using). Serve immediately with your favorite Ranch dressing.**



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This recipe is from Tammy's Recipes.