

# Honey Garlic Chicken (direct from Stephanie at A Year of Slow Cooker Meals) Untested

1 1/2 to 2 pounds boneless, skinless chicken thighs (4 or one thigh per family member)

3 garlic cloves, smashed and chopped

1 teaspoon dried basil

1/2 cup soy sauce (La Choy or Tamari wheat-free are gluten free)

1/2 cup ketchup

1/3 cup honey

## **The Directions.**

Use a 4-quart slow cooker (if using a 6-quart, this will cook faster. Check after 3 hours on high, 5 hours on low).

Put the chicken into your cooker. In a small bowl, combine the rest of the ingredients, then pour evenly over the top.

Cook on low for 6 hours or high for 3-4 (I'd go with low-).