

Orange Julius

A creamy orange smoothie with milk and a hint of vanilla

Yield:

2 servings

Ingredients:

3 ounces frozen orange juice concentrate

1/2 cup milk*

1/2 cup water

2 tablespoons sugar

1 teaspoon vanilla extract

1/2 banana, optional

6 regular-sized ice cubes (or until desired consistency)

Instructions:

1. Blend together orange juice concentrate, milk, water, sugar, vanilla, and banana (if using) for 1 minute.
2. Add ice cubes to blender, one at a time, blending after each one until smooth. You don't want chunks of ice in your orange julius! ☐



Orange Julius