

# Quick and Easy Autumn Dessert

Sweet and cinnamon-y hot apples or pears over toasted cinnamon bread, topped with whipped cream or ice cream

Yield:

3-4 servings

Ingredients:

2 medium-large ripe pears OR tart apples, cored, peeled and thinly sliced

1/2 cup water, divided

3 Tablespoons sugar

1 Tablespoon raisins

1/2 Tablespoon butter

1 teaspoon ground cinnamon

dash ground nutmeg

1 Tablespoon cornstarch

3-4 slices of cinnamon bread or cinnamon bagel, toasted

Ice cream or whipped cream, optional

Instructions:

1. In medium-sized saucepan, heat fruit, 1/4 cup water, sugar, raisins, butter, cinnamon, and nutmeg, stirring occasionally, until boiling. Boil just until fruit is tender.

2. In small bowl, whisk together cornstarch and 1/4 cup water until smooth. Add to fruit mixture. Bring to a boil, stirring constantly, and cook for 1-2 minutes, until thickened.

3. Serve warm fruit mixture over cinnamon toast. Top with ice cream or whipped cream if desired.



This recipe is from Tammy's Recipes.