

# Simple Beef Gravy Supper

A creamy peppery beef gravy served over egg noodles

Yield:

6 servings

Ingredients:

1 pound ground beef  
1 large onion, chopped  
1 clove garlic, minced (optional)  
1/3 cup flour  
3 1/4 cups milk  
1/2 teaspoon black pepper (or more, depending on your preference – we like lots!!)  
salt, to taste  
12 ounces egg noodles, cooked according to package instructions\*

Instructions:

1. Brown ground beef with onion and garlic over medium heat. Drain and return to pan.
2. Stir flour into meat mixture. Cook and stir until flour is no longer white. Gradually add milk, stirring briskly.
3. Add salt and pepper. Continue to cook and stir until gravy bubbles and thickens. Serve over hot noodles.



This recipe is from Tammy's Recipes.