

Weekly Meal Plan 3

Day 1: Baked potato (with all the fixings), sugar snap peas

Day 2: Italian sausage, peppers, onions over rice, side salad

Day 3: Steak, potato wedges, side salad

Day 4: Chicken wraps, broccoli with cheese

Day 5: Shrimp Newburg, rice, salad

Day 6: Crock-pot roast, potatoes, onion, carrot

Day 7: Tacos