

Weekly Menu #5

This is going to be for a long week because I'm including this weekend as well as next.

Friday: Fish fillets, corn and boiled Yukon gold potatoes (fresh from our garden)

Saturday:

Sunday: L: hot pockets D: buffalo wings from freezer & jalapeno poppers Also on Sunday make a large batch of breakfast burritos for the freezer. Also, make a loaf of bread and a batch of brownies.

Monday: B: breakfast burritos D: Honey Garlic Chicken, yellow rice, broccoli

Tuesday: B: breakfast burritos D: chili (make large batch and freeze some)

Wednesday: B: cereal, OJ and fruit L: D: sausage, peppers and onions over rice

Thursday: B: breakfast burritos L: e D: Creamy Macaroni & Cheese, pork chops, apple sauce, cauliflower

Friday: B: cereal, OJ and fruit L: ?? D: beef roast, potatoes, carrots, onions, beef gravy.

Shopping list:

2 cartons of eggs

red bell pepper x 3

yellow onion x 4

2 lb bacon

block of cheddar (BJs)

2 pkgs of 10 flour tortillas

flour

vanilla

cucumber

croutons

bag of chips

grapes

bananas

3/4 lb deli ham

frozen broccoli

frozen cauliflower

garlic bulb

honey

soy sauce (check cabinet)

yellow rice

diced tomatoes (BJs)

onion powder

garlic powder

12 jalapenos

cream cheese

mozzarella cheese

cilantro

elbow pasta

butter

heavy whipping cream

small block of gruyere

apples

pork chops

beef roast

beef gravy