Weekly Menu #9

Saturday: Scrambled eggs, onions, potatoes, bacon, toast, L: cheese & crackers, sliced veggies, D: Veggie soup w/ fresh bread

Sunday: Out for breakfast, L: to in-laws

Monday: Breakfast burritos, L: ham & cheese sandwiches, chips, sliced veggies, oranges, cookie D: Stir-fry w/ pork & rice, pudding w/ whipped cream

Tuesday: Dave breakfast burritos, John & I apples & cinnamon oatmeal L: Dave same as yesterday John & I grilled cheese, oranges D: Dave out to Knights for dinner…John and I McDonald's

Wednesday: Dave breakfast burritos, John & I scrambled eggs, L: everyone gets ham & cheese sandwiches, D: tacos,

Thursday: Dave gets breakfast burritos & OJ, John and I oatmeal with pomegrantes, L: Quesadillas w/ cheese and refried beans and Dave gets ham & cheese, D: meatloaf, mashed potatoes, veggies, jello carrot pineapple salad w/ whipped cream

Friday: Dave gets oatmeal, L: peanut butter & jelly sandwiches D:lentil soup, sliced veggies

Saturday: B: pancakes & bacon L: quesadillas w/ cheese & refried beans D: chicken souvlaki in pitas